

Lecture 7 – List of Feelings

Absorbed	inspired	broken down	hesitant	resigned
accepting	interested	bullied	hopeless	resistant
accommodating	introspective	chaotic	ignorant	responsible
accomplished	invulnerable	closed, closed down (added)	impatient	ridiculous
adaptable	joyful	cold	impoverish	righteous
agreeable	likable	commanding	impulsive	ruthless
alert	lively	competitive	indifferent	sad
altruistic	loved	complaining	inert	sadistic
analytical	loving	conceited	insecure	secretive
approved	mediating	condemned	insensitive	self-
authentic	noble	conflicted	intolerant	condemning
balanced	open	confused	irresponsible	self-defeating
beautiful	passionate	conservative	irritated	self-
brave	peaceful	controlled	isolated	destructive
calm	pleased	controlling	jealous	self-hatred
cheerful	powerful	cowardly	judged	selfish
compassionate	practical	critical	judgmental	self-obsessed
confident	proud	cruel	lazy	self-pity
content	purposeful	defeated	lonely	self-
cooperative	rejoicing	deluded	lost	sabotaging
courageous	self-accepting	demanding	mad	shamed
creative	sensitive	dependent	manipulated	shut-down
curious	serene	depressed	manipulative	shy
dignified	stable	desperate	miserable	sorry
eccentric	stimulated	destitute	mistrusting	stricken
ecstatic	tolerant	destructive	moody	strung-out
empathic	unconcerned	detached	moral	stubborn
empowered	understanding	disconnected	negative	superior
excited	visionary	discouraged	obsessed	tantrums
expressive	well-meaning	disgusted	panicked	timid
extroverted	wise	dominated	paranoid	vain
fair	worthy	dominating	passive	vengeance
faithful	abusive	egocentric	perfectionist	vicious
glad	adversarial	egotistical	pitiful	victimized
good	aggressive	envious	poor	violent
grateful	angry	erratic	possessive	withdrawn
happy	annoyed	fearful	preoccupied	the following are
harmonizing	antagonistic	frightened	punished	not feelings:
helpful	anxious	frustrated	punishing	unforgiving
idealistic	arrogant	greedy	rage	unhappy
important	ashamed	grieving	reactionary	unresponsive
in service	belligerent	guilty	reclusive	untrusting
	bereft	hatred	rejected	
	bitter		repressed	

individualistic

bored

helpless

resentful